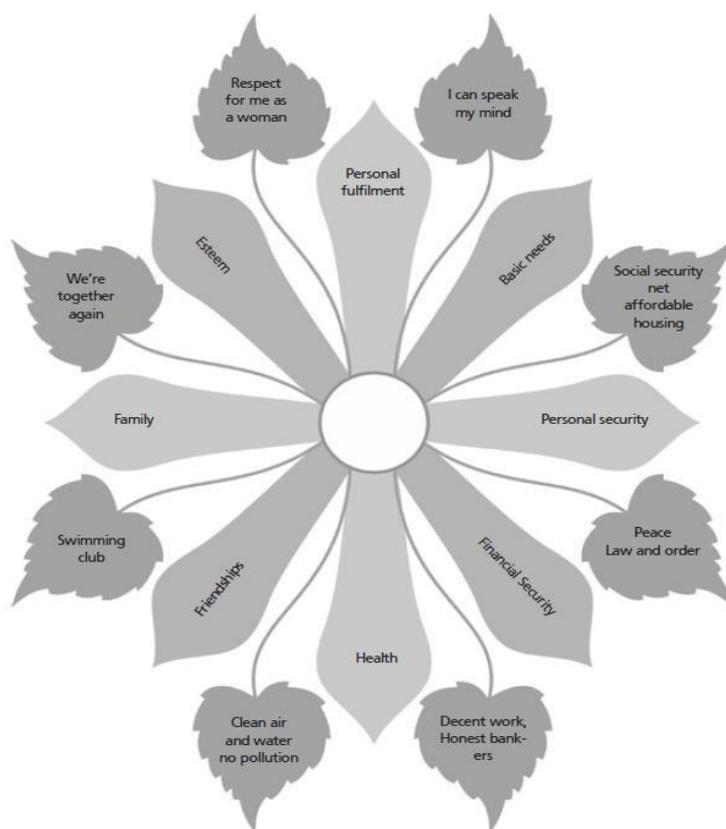


# SOCIAL INCLUSION ACTIVITY I

## FLOWER POWER



Instructions: each participants should draw a flower to represent their own needs as human beings. The flower should have eight petals:

- basic needs
- personal security
- financial security
- health
- friendship
- family
- esteem
- personal fulfilment

The sizes of the petals should correspond to how important each of the eight needs is for them at this time in their lives. Each person's flower will be different. Give out the paper, pens and coloured markers and ask each participant to draw their own personal flower in the middle of the paper leaving space around. There are no right or wrong, good or bad "answers"; everyone's flower will be unique. To motivate people, say that there should be no names on the papers. Give them ten minutes to do this stage.

Then ask participants to think about the conditions that have to exist so that they can blossom and be complete human beings. Ask people to draw leaves around the flower to represent these conditions and to write key words on the leaves. Allow ten minutes for this. Finally ask participants to fix their work on a wall to make an exhibition. Allow participants time to look at the flowers. Then ask them to get into small groups of 3-4 and ask them to discuss the followed questions: Are there any links between human rights and the flowers and the leaves? If so, what are the links? Are human rights important? Why? What do the words "human rights" mean to you?



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## SOCIAL INCLUSION ACTIVITY II

### SELFIE



Instructions: participants have 15 minutes to prepare a presentation using a drawing to introduce themselves to the group. They should write their name (or what they like to be called) on top of the sheet. What they draw on the sheet should answer the following questions:

- a. Who are you?
- b. Why are you here?
- c. What are your fears?
- d. What are your expectations?

Then each participant should come up and stick their sheet on a wall or flipchart for everyone to see or just handle it.

<https://www.salto-youth.net/tools/toolbox/tool/artist-for-europe-toolkit.1907/>



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